

UNITY

APRIL, 1926

The greatest truth of all ages is that of man's divinity, the truth that Christ in him is powerful to rise above all claims of sin, disease, and death.

10 cents a copy

A monthly manual of daily studies in Christian metaphysics

RESURRECTION

Arise!

No more thought of dark and gloom,
No more thought of death and tomb;
To the heavens and the lights!
Let your soul ascend the heights.

Ascend!

Out of discord and of strife,
To the consciousness of life.
Take thy place, O radiant Son,
By thy Father, heavenly One.

Shine!

By thy dazzling, radiant rays,
Shine, illuminate thy days;
Constant be, the truth will dawn.
Man, arise! Ascend! Shine on!





UNITY DAILY WORD

A monthly manual of daily studies in Christian metaphysics, issued the first day of the month by
UNITY SCHOOL OF CHRISTIANITY
917 Tracy, Kansas City, Missouri
F. B. WHITNEY, *Editor*

VOL. IV KANSAS CITY, MO., APRIL, 1926 No. 4

A PRAYER

Christ, thou spark of life divine,
In this dear old friend of mine,
Break the bonds he's placed on thee,
Come thou forth and let him see.

From all limitations' blight
Turn him, face him to the light.
He whom erring thought enticed
Shall behold in self the Christ.

Sample copies will be sent free by the publishers to any address.

Single copies, at news stands, 10 cents. Subscription, \$1 a year.

Suggestions and comments may be addressed personally to the editor of Unity Daily Word. Letters relative to subscriptions and renewals should be sent direct to the publishing department.

Entered as second-class matter June 13, 1924, at the post office at Kansas City, Missouri, under the act of March 3, 1879.

Accepted for mailing at special rate of postage provided for in section 1103, act of October 3, 1917, authorized June 13, 1924.

WHAT EASTER MEANS TO US

The story of the resurrection as given in the Bible means little to us if we think of it simply as the experience of the man Jesus. Viewed in this sense, it would be no more to us than are the happenings in the lives of men whom we meet every day.

As interpreted by some teachers, the resurrection takes on the character of a demonstration of magic, with Jesus as miracle worker. The greater the mystery attributed to it, the greater seems to be their concept of Jesus.

We do not believe that the resurrection is something that concerns only the life of Jesus. Neither do we think that there is mystery involved. Instead, we feel that Easter and the resurrection mean something in the life of every individual. We seek to interpret the whole story in a way that will bring it closer to the life of every one and in a way that will help him to derive a lesson from it.

The resurrection is a process in which the individual rises out of the tomb of false beliefs and enters into new life in Christ. It is not necessary for one to go through the process called death in order to be resurrected to life. We shed the old consciousness just as a snake sheds its old skin. This is the death of the old preparatory to the birth of the new.

When one leaves the grave clothes behind him, when he throws off all mortal beliefs, when he enters into the new consciousness of eternal life in Christ, he has been resurrected. This process is identical with that through which Jesus passed. Each one of us must in the same way resurrect himself.

THURSDAY, APRIL 1

Today's Watchword: *I no longer speak adversely. My words are positive and constructive, producing and manifesting good.*

Words are either adverse or constructive; they produce either evil or good. They proceed from a consciousness in which evil thoughts or good ones dominate. Although words are creative, it is, after all, the consciousness which creates conditions.

When one scatters adverse words he can expect adverse conditions. When one says, "This will make me ill," his words carry out his prophecy. When one uses positive and constructive words, he harvests good things.

Many a flippant remark goes forth, increasing in volume and in power until it becomes a tremendous influence. Idle words often surprise us when they come back to us grown to alarming proportions. There is but one way for you to get away from fear of your negative remarks: Do not make them. If a remark is not founded upon love and truth, do not voice it. If words deal with sin, disease, and death, do not speak them.

By our words we have power to establish whatever conditions we desire. By our word of truth we manifest that which is noble and excellent.

Everything that comes to us comes because of our word-sowing.—*Wee Wisdom's Way.*

FRIDAY, APRIL 2

Today's Watchword: *My consciousness is now free from all belief in limitation and I know God's truth about man.*

If one would know the truth, he must first become receptive to it by emptying out of his consciousness all that is contrary to truth. Some persons do not grasp truth because they try to reconcile it to that which they have previously accepted as being true.

One characteristic of mortal consciousness is the disposition to think in terms of limitation. When Truth is presented to it, such a state of consciousness immediately becomes involved in a series of "ifs" and "buts." The human tendency seems to be to find some reason or excuse for not believing Truth.

Would it not be better for one to take the attitude of becoming receptive to new ideas and of being willing to believe and to defend Truth? Since Truth is man's one and only salvation, should he not be willing to give it an unconditional trial?

The ultimate truth about man comes to consciousness when there is no doubt to exclude it. There is every reason for man to be assured that he should know the full truth about himself and that he should be able to work it out in his life, without limitation.

If you can comprehend a state where pure Mind exists free from the limitations of time, space, and condition, you can grasp, in a degree, the working field of pure knowing.—*Christian Healing.*

SATURDAY, APRIL 3

Today's Watchword: *I no longer believe in selfishness or lack. I share in God's unlimited abundance.*

We should think of prosperity and supply as coming from the abundance of God and should not think of them as coming from persons. The personal stamp upon prosperity causes us to feel that other persons have power to limit us in our prosperity.

If we feel that our prosperity comes from other persons, we believe in lack when they do not give to us. If we feel that we can increase our supply by withholding from others, we become selfish. We do not increase our own prosperity by withholding from another. Such selfishness serves to close our consciousness to the free circulation of God's abundance.

Dissolving all belief in prosperity as a personal matter, we open ourselves to the universal; we begin to think of prosperity as unlimited, as existing everywhere, and of ourselves as being one with it. The true way to prosperity is the route of right vision: that of beholding prosperity in its unlimited measure. We have to think prosperity, see it, and realize its presence so that there can be no place for lack.

Our willingness to share our good with others helps us to share in God's unlimited prosperity.

No man must needs have less than another may have more.—*Lessons in Truth.*

SUNDAY, APRIL 4

Today's Watchword: *Through the eyes of faith, I see my invisible good brought into visibility.*

Jesus taught the way of faith. When we follow in this path, we do not look to things as they appear but to things as they exist in Principle. The inner eyes of the mind see things as they are beheld in the absolute.

Those who succeed in life are those who do not behold the limitations but see perfection coming into visibility. They seem to look into another world and to see its perfection replacing limitation. We think of them as people of vision, those who see beyond appearances. They believe in a power beyond and higher than that which seems to bind men to limitations. They believe in the power of their own superconsciousness.

By beholding good we can bring it into visibility. We can displace evil and limitation, and replace them with good.

Faith in Truth keeps us loyal to the high vision. We have faith that the Truth will prevail. We know that it will replace sordidness and limitation with the very presence and power of Christ. We see Christ appear where once adversity held sway.

Blessed are they that have not seen, and yet have believed.—Jesus (John 20:29).

MONDAY, APRIL 5

Today's Watchword: *Looking away from limited conditions, I behold the omnipresence of my good.*

In d'Annunzio's play, "La Città Morta," one of the characters is referred to in this way: "Fascinated by the tombs, he has forgotten the beauty of the sky." And we, at times, become so engrossed in seeing limitation that we fail to contemplate the good. Often we find persons so concerned with rectifying evil conditions that they neglect to see good. One may be so engaged in finding out the truth of life that he gives little time to the actual process of seeing the beauty of life and taking part in it.

Our vision must be directed away from limitation. In place of limitation, we must actually behold our good in profusion. We must discover ourselves in the very center of good fortune. We must closely identify ourselves with our good and link ourselves inseparably with it.

When we keep our eyes upon the perfect, the good, and the true, we are assuring ourselves that only perfection, good, and truth can have place in our lives. What we think and what we see determine the character of our situations.

Seeing the good only, we become so fascinated by it that we no longer desire to look away from it.

Mine eyes are ever toward Jehovah.—*Psalms 25:15.*

TUESDAY, APRIL 6

Today's Watchword: *No person or thing can make me unhappy. The Spirit of Christ in me at all times is happy and joyful.*

When we realize that we ourselves determine the extent of our happiness, we see that we can be as happy, as blessed, and as joyful as we desire to be. We realize that nothing external can in any wise influence or change our happiness.

Man has that within him which is mighty to give him happiness at all times. It is the Spirit of Christ. It is that which gave Jesus a peace and a contentment which the world could not give him. It is that which gave Jesus happiness even in times when the world was against him.

One who believes that people or things can make him unhappy suffers from his false belief. When Truth comes to his consciousness, he no longer gives power to things of the external. He sees that within himself is that which determines his unhappiness or his joy. If he allows himself to become negative, he is unhappy. If influenced by the Christ within, he is happy and joyful. So long as one contacts Spirit, he is inspired with happiness and joy.

The greatest Truth ever given to man is that of his own power and dominion, his capacity to make creations just as he desires.

Still to ourselves in every place consigned,
Our own felicity we make or find.

—Samuel Johnson.

WEDNESDAY, APRIL 7

Today's Watchword: *I see all things as they exist in the ideal and through this high vision I make my ideals real.*

The man with vision is he who looks not to things as they appear in limitation but who beholds things in the perfected state. By seeing the ideal we give ourselves power to bring it into manifestation. So long as one looks to failure and limitation, he cannot expect to bring high ideals into expression.

Things appear to us to be low because our vision is not of the highest. Were we always exercising high vision we should not see the sins and failures of the world but the perfection which lies back of them.

If an ideal is founded upon Truth then we may think of it as an ideal of Christ. Thinking in ideals, we find ourselves thinking Christward.

This very power of Christ is on the side of him who has the upward vision. When he looks away from the sordid things of earth, his attention is arrested by the beauties of heaven. Heavenly power rushes to him who looks heavenward.

Our salvation from a life of limitation comes through our thinking and seeing good. We must see our highest ideals in manifestation before we can hope to manifest them.

I think this gross hard-seeming world
Is our misshaping vision of the Powers
Behind the world.

—Tennyson.

THURSDAY, APRIL 8

Today's Watchword: *Filled with the consciousness of Truth, I express in my life all that I perceive as true of God and man.*

Man in his search for Truth attains the consciousness in which he knows the truth about himself and his indwelling God.

The next step is that of expressing in his body and in his affairs all that he has perceived as true of himself. His thoughts outpicture in a way that is characteristic of the mind back of them. Pure, healthy, vital thoughts objectify in the body as pure health and vitality.

One shows his thoughts by the character of his body. If he is thinking heavy, material thoughts, his body shows forth the same characteristics. Thus, we can tell whether a man is spiritual or not by the physical appearance that he presents; it is the index of his thoughts. He need not tell us whether he is a Christian or not; he need not tell us what his thoughts are. When we look upon him, we can very readily tell what he thinks.

In the future, one will be known as a Christian only when he can demonstrate the Christ Truth in his mind, body, and affairs.

Spiritual thinking is the pioneer that opens the way into the new birth, but it must be followed by spiritual acting on the part of every faculty.—*Christian Healing.*

FRIDAY, APRIL 9

Today's Watchword: *The Spirit of Christ within me keeps me constant and true to my purpose and my ideals.*

Catching the vision of our true relation to the universe is one thing; holding to it is another. Many people fail because they lower their vision; they do not remain true to it, and they let discouragement master them.

When we have been guided by infinite wisdom to undertake a thing, we should not let go until what we desire has been established. We should remain true and constant to purpose. Spirit can work for us only when we do our part: when we remain true to Spirit.

One who is wavering and wobbly in his affirmations cannot hope to see himself accomplish what he sets out to do. He must be firm and positive. He must be as true to his vision as he hopes to be true to its fulfillment.

Let us have in mind a definite program of what we wish to accomplish. Then let us refuse to recognize any discouraging or hindering thoughts. Let us be so true to our ideals that we bring them right out of the invisible into visibility.

Ye that make mention of the Lord, keep not silence,

And give him no rest, till he establish.—*Isaiah 62:6, 7 (A. V.).*

SATURDAY, APRIL 10

Today's Watchword: *I will think only that which is in keeping with the principle of Truth.*

We should endeavor to understand what Truth is, then keep our minds in line with it. The principle of Truth is that to which we should conform all our thoughts. When we so conform we use the very mind of God which dwells within us. When man thinks Truth, he thinks Godward.

There is a great security in knowing that one thinks and acts according to Truth. He is established upon such a firm foundation that nothing external can move him.

We should study Truth for the purpose of becoming acquainted with a principle that can be the rule by which we measure all our thoughts. Until one understands this principle, he has no standard of right thinking.

Some persons attempt to psychologize themselves into right thinking. Their failure is due to the fact that they attempt to deal with right and wrong thoughts and to work without a principle.

Holding to the principle of Truth helps us to think, to speak, and to act lovingly and wisely.

God is principle and they who worship God must measure their thinking up to principle.

No pleasure is comparable to the standing upon the vantage-ground of truth.—*Francis Bacon.*

SUNDAY, APRIL 11

Today's Watchword: *I am created in the image and after the likeness of God.*

The story of creation as recorded in Genesis tells us that man is created in the image of God. Man's manifestation is an imaging forth of consciousness. In the ideal, in the realm of ideas, man is divinely created. The manifestation, however, depends upon the individual's consciousness.

If a man is not awakened spiritually, he does not image forth the likeness of God. If he is conscious of his oneness with God, he manifests God in mind and in body. God mind in man objectifies itself into manifestation, when the mind of man is not adverse to its action.

The whole creative process in the sacred records is descriptive of that which takes place in the consciousness of man in his development and unfoldment. God is not a creator outside of or apart from man. He is man's innate power to create and to re-create. Mind is the only creative power. The mind of God in man creates man after itself.

To affirm that we are created in the image and after the likeness of God helps us to realize our God-likeness.

Read in the light of the Spirit, the first chapter of Genesis is a description, in symbol, of the creative action of universal Mind in the realm of ideas.
—*Christian Healing.*

MONDAY, APRIL 12

Today's Watchword: *I am not given to criticism or to condemnation. Through praise, I have power to lift up all who come to me.*

External appearances offer us little in spiritual judgment. When we look to the exterior, we do not always judge according to the highest. Many a man is condemned and criticized because his acts, not his motives, are judged.

Condemnation causes man to look upon himself in even a more unfavorable light than the conditions warrant. Criticism serves to hold him to adverse conditions.

By our praise, we cause another to see himself on the way to accomplishment, to catch the vision of himself becoming that which he has long striven to become. Our praise serves to brush aside barriers which he has been unable to surmount.

Children are helped, not by being taught the horrors of evil but by being shown the beauties of good. We help our fellow man when we help him to get a higher vision of himself, when we help him to look past that which seems to enslave him and to see himself as masterful and successful.

All condemnation springs from looking at personality . . . the outward appearance, not the real self.—*Miscellaneous Writings.*

TUESDAY, APRIL 13

Today's Watchword: *I do not believe in falsehood or deception. I am honest and true under all circumstances.*

The Truth student must learn to practice Truth in all that he thinks, says, and does. He cannot afford to be deceitful or dishonest. If that which is untrue is in his consciousness, he cannot hope to demonstrate Truth. He cannot get the conviction of the power of Truth to heal him, so long as he gives power to a lie.

Do not give power to the belief that any one can succeed through deception. Do not believe that any person can injure you by giving voice to falsehood. Know that Truth alone has power. By realizing this, one helps to establish Truth in place of falsehood.

Every little evasion of the truth, every little innuendo, costs dearly. All these untruths must be wiped from consciousness.

To remain silent and let falsehood go unchallenged is almost as bad as to originate it. One should deny falsehood and affirm Truth in its place. One should never fail to speak the truth when his silence would cause unhappiness to another.

If we would ring true to Spirit, we must be honest with ourselves and with all others.

Oh, what a tangled web we weave,
When first we practice to deceive!

—Sir Walter Scott.

WEDNESDAY, APRIL 14

Today's Watchword: *Through the might of Christ in me, I have power to overcome and to succeed.*

We have that in us which is mighty to help us in all that we undertake. We can succeed only when we lay hold of this innate power, the Christ within us. One should not look to external things to help him in his overcoming and in his success. He has within him all that he needs.

The mighty conqueror is he who is mighty in the consciousness of his indwelling Christ. He is mighty because Christ in him is mighty.

Many a young man dreams of gaining success by the favor of influential friends. He hopes to succeed, not by his own efforts but with the help of those who will favor him. When the support of such influence is withdrawn, he has nothing to sustain him.

When we succeed by our own efforts, by the consciousness of our own indwelling power, we always have this power to rely upon in time of challenge.

We may call this power "Christ," or whatever we like. There are those who might prefer to give it some name which is not associated with religion. To us, it is something so divine that we recognize it as the Christ.

In all these things we are more than conquerors through him that loved us.—Paul (*Romans 8:37*).

THURSDAY, APRIL 15

Today's Watchword: *I am determined to think constructively at all times. Through Divine Mind in me, I think health and success, and they are established.*

Thoughts are creative. The character of thought determines what it creates. We see all about us those who do not know the law of thought, who continue to create adverse and destructive conditions. They are victims of negative thought.

Those who think disease thoughts manifest disease in their bodies. Those who think that disease is something which is a part of man's real nature manifest it as a reality. Those who think failure express it in their work.

All the legends, dogmas, and speculations about man's sinfulness or his diseases do not affect the eternal truth of his perfection. Therefore his duty is to think the truth if he would manifest it, to think health and success if he would be healthy and successful.

Daily discipline in thought training daily brings us nearer the goal. Each day sees us thinking less of that which is destructive and thinking more of that which produces health and success.

Our ways of thinking make our happiness or unhappiness, our success or nonsuccess. We can, by effort, change our ways of thinking.—*Lessons in Truth.*

FRIDAY, APRIL 16

Today's Watchword: *No adverse experience can injure me in any way. I am eternally established in the goodness and the truth of God.*

Experiences should help us to higher ground. Those that are adverse should be as beneficial, in this way, as those that we consider pleasant and helpful. However, regardless of the experience, one should not feel that it gives him permanent injury.

There are those who feel that some experience has put an eternal blight upon their souls. They need to know that change of thought will redeem them.

In some churches confession is used with a view to purging the consciousness of past sins and of establishing the assurance of forgiveness. Confession to God serves to remove the thorn in the flesh, and to replace it with a consciousness of purification. The individual leaves the confessional with the feeling that his adverse experience has been wiped away and that he is restored again to the graces of God.

The growing pond lily, unconcerned by the muddy and murky things about it, pushes upward to the light of the sun. When it opens on the surface of the water there is no sign of its past experiences, its life in the mud. In the countenance of the lily is reflected the light of the sun.

The sun . . . passeth through pollutions and itself remains as pure as before.—*Francis Bacon.*

SATURDAY, APRIL 17

Today's Watchword: *The joy of Christ in me sings itself into my life, and I am joyful and happy.*

When man discovers himself, finds the joy of Christ within, he is happy and joyful. The song of the indwelling Christ becomes the song of his heart.

We readily recognize the singer of joy songs who has found the joy of Christ within. His joy is heartfelt. He has found the source of real joy and has found himself. His joy is derived from God.

If one is unhappy, how can he change conditions? By changing his mental perspective. He should no longer seek for joy in the without. He may enjoy things of the world but he should not look upon them as the true source of his joy and happiness.

One should not get the impression that he cannot find joy in the manifest world. One should first find it within himself, then he can discover it all about him.

Many metaphysicians dwell so thoroughly upon the nothingness of the world that they can see little good in it. So long as we have the world to live in, even though we are apart from it, we should discover its beauty and its good.

When once we have joy within ourselves, we can easily find it all about us.

Jehovah is my strength and song,
And he is become my salvation.

—Exodus 15:2.

SUNDAY, APRIL 18

Today's Watchword: *I give no thought to the working of evil. I am interested in the activity and the increase of good.*

We are told that in the garden of Paradise many trees bore wholesome fruit for mankind but only one tree bore fruit that was fatal. This forbidden fruit is called the knowledge of evil. Those interested in the philosophy of evil, its machinations, its propaganda, find that it is consuming.

Those who study evil become its followers. Reformers have become so engrossed in ferreting out crime that they have fallen victims to its outworking. They have eventually discovered that it is not necessary to know evil in order to know the good.

Students of pathology have been known to become so interested in the study of disease that they have lost their health. With their thought upon pathological conditions, it could not be upon health.

Metaphysicians often become so interested in the study of such subjects as black magic that they lose their high ideals and high standards. With the study of the baser, they lose their vision of the higher. Through desire to see how adverse thought works, they lose their ability to use constructive thought.

Of the fruit of the tree which is in the midst of the garden, God hath said, *Ye shall not eat of it, neither shall ye touch it.—Gen. 3:3.*

MONDAY, APRIL 19

Today's Watchword: *I am unresponsive to every evil report. I am awake and alert to all that is noble and good.*

Man's consciousness is like a radio receiving station. He can tune out evil thought at will. He can become unresponsive to every evil report or suggestion.

The practice of the silence helps man to be silent to evil. At the very center of his being is a place where silence always has reigned, where there never has been a voice of confusion or a note of discord. It is the place of soundless silence, where man may retreat from turmoil and confusion.

We always should be alert and responsive to good. We should tune our minds to good thoughts and always be receptive to them. Then only good can come to us; only good reports will come our way; we shall not attract gossip and unkindness.

Those who find themselves engaged in unpleasant conversations may be assured that they have attracted such inharmonies. The consciousness that is purified of all evil has nothing in common with that which is base.

We do not vibrate to evil when our consciousness is established in good.

There is a silence where hath been no sound,
There is a silence where no sound can be.

—Thomas Hood.

TUESDAY, APRIL 20

Today's Watchword: *The Spirit of the Lord in me is a tower of strength and stability, and my health is established forever.*

Spirit in man is that which gives him strength and steadfastness. There are times when one feels as if he were a veritable tower, as if nothing external could sway or move him. It is the presence of God that gives man such feelings of stability. This consciousness keeps many a man from being swayed by the belief in disease; he is kept in health; he knows that his health is as whole as is the presence of Spirit within him.

Doctors and nurses have been known to move about without harm in localities where disease was prevalent and greatly feared. They had such a consciousness of health, however, that they presented a wall of strength to any onslaughts of disease which came to them. They knew that there was that in them which could not be affected by disease.

What a blessing to be able to rest in the consciousness of strength and to know that disease can find no avenue of entrance! When one is established in Spirit his whole being becomes spiritual and is immune to the disease thought.

God . . . only is my rock and my salvation:
He is my high tower; I shall not be greatly moved.
—*Psalms 62:2.*

WEDNESDAY, APRIL 21

Today's Watchword: *Showers of abundance are poured out upon me, and prosperity is everywhere manifest.*

The attitude of expectancy causes good to come. Expecting good, we become magnets that attract it. Affirming prosperity, we draw prosperity to us and all our affairs are blessed with prosperity.

In the very face of seeming lack, we can declare the abundance of God and have it poured out upon us in limitless measure. Our mental attitude decides for us whether we have lack or abundance. Our consciousness of abundance causes abundance to spring forth.

We prove God in our lives and in our affairs when we demonstrate his law of supply. Prosperity flows to us in a measure commensurate with our receptivity.

Today's watchword should serve to keep us in the prosperity consciousness. We should so discipline ourselves that we may think prosperously at all times. We should always be found ready to rely upon the prosperity of God, looking to no other source for our supply and support. Our faith and steadfastness will reward us bounteously.

Prove me now . . . if I will not open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it.
—*Malachi 3:10.*

THURSDAY, APRIL 22

Today's Watchword: *I have supreme faith in my innate ability to accomplish every noble purpose.*

Faith gives man the power to hold to whatever he undertakes. In the Weymouth version of the New Testament we read: "Faith is a confident assurance of that for which we hope, a conviction of the reality of things which we do not see." Faith is an assurance and a conviction.

When we have faith in our own ability we have the conviction and the assurance that we can succeed in the face of all opposition; in truth, to us there can be no opposition. The fact that our purpose is God-inspired may be taken as an assurance in itself that God within us will see that our work is finished.

Our innate ability is the indwelling power which recognizes and countenances no defeat. We may think of this power as something too majestic to be subordinated to anything else in the universe. It is the power of God within us. Our faith in it is never misplaced.

We believe that every one has an ideal and a purpose in life. Every one should feel that he can do some great good in the world. He should give expression to his innate powers. He should try to accomplish the dreams and the desires of his heart.

If you have faith that it can be done, *you can do it.—Christian Healing.*

FRIDAY, APRIL 23

Today's Watchword: *The perfect order of God is now manifest in all my affairs, and they are orderly and harmonious.*

Our speaking the word of authority to our affairs causes them to become orderly and harmonious. Very often the reason why one fails to realize prosperity is that his mind and his affairs are not in order. Declaring order, we set our affairs aright; we cause them to be divinely adjusted and to become perfectly harmonious.

When we place our affairs in order, any one or anything which is related to them comes into harmonious adjustment. Nothing escapes the power of our word. The adjusting power of Spirit is not completed until its work is perfect and is entirely satisfactory to our well-being.

Without perfect order the planets of the universe would clash. Without such order, the sun and the moon would be disorderly in their movements. In God's universe perfect order must be maintained at all times.

When one is in the consciousness of order, nothing disorderly can find place in him or in his affairs. It would seem that all things in his life move with perfect ease to respect the orderliness of his consciousness. Everything comes just at the right time and in the right manner.

Order is heaven's first law.—*Pope.*

SATURDAY, APRIL 24

Today's Watchword: *I believe in one God, God the good, all of good, eternally good.*

Many of the religious discussions of today center around one point: What is God? It would seem that when one has found God he has found all; that he has discovered the foundation of all religious faiths when he has found what God is.

Religions of ancient times had gods many, gods of revenge, gods in human form, gods causing disease and death, gods of good and of evil. People in this day have a God entirely different from all these. He is not a god of revenge or of hate, not a god of human form.

We think of God as good, as a God of good, as a God of love. Could we conceive of the sum total of all good we should have God as its result. We do not easily conceive of God in entirety because we do not find it easy to contemplate all the good in the world.

God, to us, is not corporeal. He does not have a body or form like an animal or like a human being. He is Spirit, unconfined to matter, unlimited by form.

The principle of God contains all that there is of good.

Everything you can think of that is good, when in its absolute perfection, goes to make up that invisible being we call God.—*Lessons in Truth.*

SUNDAY, APRIL 25

Today's Watchword: *I am interested in the well-being of all with whom I come in contact, and I rejoice to see the truth of God manifest in them.*

Our lesson today is one of unselfishness, one which serves to show us the necessity for being of service to those whom we meet in our daily experiences.

If one were interested solely in his own welfare, he would find that he could not attain complete development; he would lack human sympathy.

Many Unity students have become acquainted with practical Christianity through the efforts of those who have been interested in seeing them come out of despair into the truth. Every day we see evidences of the blessings which come to us from others, many of these being favors which help to make our way sweeter and to lighten our burdens.

What an inspiring life is lived by him who helps others to become more genuinely happy, more healthy.

What a beautiful thing it would be if every one pledged himself to help another in some way every day! But the help should be of such a nature that it will teach self-reliance. And what if some one does not remember to thank us for favors that we have done him? We have served, and that alone should recompense us.

Am I my brother's keeper?—*Genesis 4:9.*

MONDAY, APRIL 26

Today's Watchword: *Through unity with the will and the wisdom of God, I have perfect self-control.*

We discipline ourselves, not through personal will and might but through making unity with the higher will within us. This is also the divine wisdom which tempers the human will and causes it to function wisely.

Many people try to control themselves through sheer will power. They find the need of something else with which to steady themselves and, consequently, should be directed to the will of God.

No matter what one's shortcomings are, what he wishes to demonstrate, if one is inclined to anger, he should put himself in the hands of divine will, knowing that it will hold him so closely to the love of God that he cannot become angry.

If one is tempted to gossip, he should turn to divine will, knowing that through it his tongue will lose all desire to speak adversely. The will of the divine is the will of man's highest consciousness.

Self-control is exercised when one is constant to the ideals of truth; the principle of God becomes his plumb line and all his actions are brought into accord with it.

The problem of self-control is never settled until all that man is comes into touch with the divine will and understanding.—*Christian Healing.*

TUESDAY, APRIL 27

Today's Watchword: *Poised and centered in the peace of God, I am not affected by criticism. I am true to my high vision of God expressing himself in me.*

Another's criticism of us does not give us a correct view of ourselves because his view is based upon a false standard. Criticism helps us only in this way: It may spur us on to a greater effort to know the truth. The truth reveals to us our innate perfection.

We should not be affected by what another thinks of us. Our part is so to change our own consciousness that he will need to change his viewpoint.

There are times when one should answer criticism and there are other times when he should just silently know the truth. Often, silence meets criticism much better than words would meet it.

When we keep true to the high vision of God we are true to our own selves. We are true to God as he expresses his perfection in and through us. Man is so closely interrelated to God that he must be true to self in order to be true to God.

When we manifest the Spirit, others will behold its manifestation. They will be ready to praise, instead of being quick to condemn.

Great peace have they which love thy law: and nothing shall offend them.—*Psalms 119:165 (A. V.).*

WEDNESDAY, APRIL 28

Today's Watchword: *God is my abundant health and in me are expressed his abounding health and perfection.*

Many who today are Unity students were taught this simple little song when they were children:

"God is my health, I can't be sick;
God is my strength, unfailing, quick;
God is my all; I know no fear,
Since God and love and Truth are here."

To realize the truth of these words is to establish ourselves in health so abounding that the belief in sickness cannot affect us. There can be no disease where there is a consciousness of the omnipotence and the omnipresence of health. When we realize that God is all—all-good, all-truth, all-love, all-perfection—there is no place for weakness and disease.

All divine healing results from one's consciousness that God within him is his health and his perfection. The consciousness becomes so filled with this realization that there is no room for disease thoughts. Disease is not pictured upon the body when there are no thoughts of disease in consciousness.

The mystery of divine healing is removed when we see the utter simplicity of it.

God's being our health means far more than God's being our Healer.—*Miscellaneous Writings.*

THURSDAY, APRIL 29

Today's Watchword: *I am never fearful or afraid. I am strong and courageous in the consciousness that God is with me.*

When we know that God is within us, ever with us, we shall be free from all sense of fear. We shall have lost all consciousness of fear. When there is no fear in us, we cannot experience it even in the presence of things which formerly caused us to be afraid.

Fear comes from the belief that something external is more powerful than we are. The unregenerate man thinks of people, animals, and things as powerful to injure or to destroy him. The man who is conscious of his own innate power knows that within him is something mighty to overthrow all external opposition.

What can we fear when we know that it is God within us which stands for us and stands against all evil? With minds and hearts full of love, we neutralize all our belief in fear. The very presence of God in our hearts wipes out of us all sense of fear.

Strength and courage are as natural to us as they are to our Father. We become more like him when we show ourselves strong and courageous.

Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee; yea, I will help thee; yea, I will uphold thee.—*Isaiah 41:10.*

FRIDAY, APRIL 30

Today's Watchword: *I am not given to misjudgment or unwise judgment. Through the wisdom of Spirit, I discriminate and judge wisely and well.*

Judgment is our faculty of discrimination. By it, we are able to choose between that which is right and that which is without the pale of truth. The wrong thing is never the right thing to choose. Some students of metaphysics seem to think that there is no such thing as a choice, but the truth is that there is but one path and one method.

Much unhappiness comes from lack of ability to discriminate and to judge. Often, one must spend some time wiping out the results of his misjudgment and his unwise decisions.

When we rest our judgment in spiritual judgment we may be sure that we decide wisely and well. We may be assured that we know just what decisions to make at the time. We may know that God is our justice and, when we rightly turn to him, his judgment is ours.

Wise judgment comes through unification of wisdom and judgment. Without wisdom, judgment misses the mark.

The metaphysician finds it necessary to place his judgment in the absolute in order to demonstrate its supreme power.—*Christian Healing.*

LINES FROM QUIMBY, A PIONEER METAPHYSICIAN

Eternal life is wisdom as much above human life as Science is above ignorance. . . . Eternal life is Christ or Science.

The last error or belief is death or ignorance; the Truth and Science will reign till ignorance is destroyed.

Jesus wanted to introduce this Science, which he called Christ, which gave the lie to all the old opinions of Jesus' day.

To enter into Christ's kingdom or Science was to enter into the laws or knowledge of curing the evils of this world of darkness.

The Science of true religion is health, happiness, and deliverance.

As every man has more of the wisdom of opinions than of Science, he is ignorant of himself.

[Man's] change of mind is under one of the two directions, either of this world of opinions, or of God or Science, and his happiness or misery is the result of his thought. . . . If Science rules, life and happiness are the reward.

Man rises to a higher state of wisdom not of this world, but of that world of Science which sees that all human misery can be corrected by this principle, as well as the evil effects of error.

He operates intelligently under the direction of a principle which is always his guide while with the sick. . . . It might be called the principle of goodness.

I BEHOLD THE CHRIST IN YOU

Music by
EDNA GIESELMAN

Words by
F. B. WHITNEY

With spirit.

The musical score is written for a four-part vocal ensemble (Soprano, Alto, Tenor, Bass) and piano accompaniment. It consists of four systems of music, each with a vocal line and a piano line. The key signature has two flats (B-flat and E-flat), and the time signature is 4/4. The lyrics are: 'I be-hold the Christ in you, Here the life of God I see; I can see a Great peace, too, I can see you whole and free.' The piano accompaniment features a steady bass line and chords that support the vocal melody.

I be-hold the Christ in you,
Here the life of God I see;
I can see a Great peace, too,
I can see you whole and free.

I BEHOLD THE CHRIST IN YOU

I behold the Christ in you,
Here the life of God I see;
I can see a great peace, too,
I can see you whole and free.

I behold the Christ in you,
I can see this as you walk;
I see this in all you do,
I can see this as you talk.

I behold God's love expressed,
I can see you filled with power;
I can see you ever blessed,
See Christ in you, hour by hour.

I behold the Christ in you,
I can see that perfect One;
Led by God in all you do,
I can see God's work is done.

This suggestion is printed in fine type because we
think that you will believe it is a *fine* idea:

Give Unity Daily Word
to a friend.

UNITY PROSPERITY BANK

By using this little bank, which we supply upon request, one may order subscriptions and pay for them without noticing the expenditure. The names for subscriptions may be sent at the time the bank is ordered. Subscriptions will begin as soon as they are recorded in our offices. By the bank plan, one may defer payment until ten weeks after he begins using the bank. Each one using a bank is also given a month's special prosperity treatments.

Give the name of the magazine when sending in subscriptions. Remember to ask for Unity Daily Word. \$1 a year.



G

co
D
I

th
an
w
th
b
V
\$
\$

C
L
V

Please renew promptly.

Save unnecessary correspondence.

Avoid missing any copies.

GETTING THE CLEAR REALIZATION

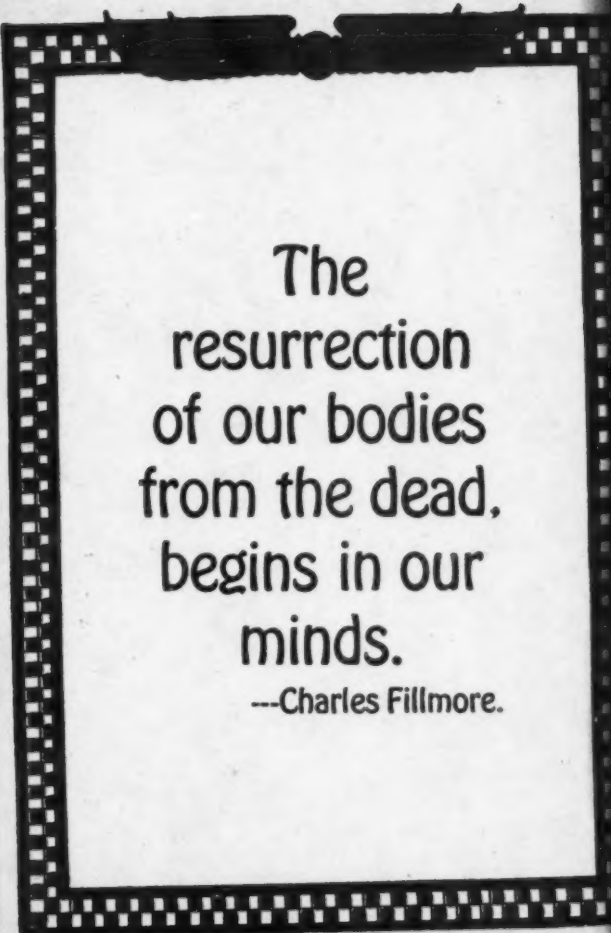
A booklet on development of the demonstration consciousness. Written by the editor of Unity Daily Word. Cover in red Spanish leather effect. Is an attractive gift booklet. Price, \$.25.

MAGAZINE COVERS

Taking your new Unity Daily Word right from the mail, slip it into a keratol magazine cover, and keep it clean and fresh-looking during the whole month. This cover will give the magazine the appearance of a book beautifully bound in black leather. The Unity emblem and "Unity Daily Word" are stamped in gold on the cover. Price, \$1. If you wish your name in gold, also, add \$.50. Specify that the cover is for Unity Daily Word.

FOR YOUR LIBRARY

Christian Healing	cloth, \$2.00
Lessons in Truth	cloth, 1.50
Wee Wisdom's Way (for children)....	cloth, 1.50



The
resurrection
of our bodies
from the dead,
begins in our
minds.

---Charles Fillmore.

